

NB: FOR UCL/ANNA FREUD CYP PT THERAPY POSTS ONLY

Post Title: CAMHS Practitioner CYP-PT: Therapy Trainee CBT

Band: 6

Job Purpose

This is an NHSE funded training post as part of the Child and Young People's (CYP) Psychological Trainings which involves part time working as a Practitioner at Noa Girls and part time studying with UCL/Anna Freud undertaking a programme of training in CBT.

This intensive training post will equip the post-holder to provide interventions for children, young people or families using the core principles of the CYP Psychological Training Programme and consistent with the evidence base in the area of CBT. The post-holder will work in the service, for at least 2.5 days of the week using the newly developed skills whilst attending the training programme or undertaking self-study days for the remaining days, as required by the education provider.

The post holder will hold an appropriate training case load and complete the necessary assignments to meet the course requirements.

Main Duties and Responsibilities	
Clinical	• With the assistance of their clinical supervisor accept appropriate referrals; • Assess clients for suitability for the treatment for which modality specific training is provided; • Make decisions on suitability of new referrals, adhering to the department's referral protocols, and refer unsuitable clients on to the relevant service or back to the referral agent as necessary; • Formulate, implement and evaluate therapeutic intervention for clients in line with their training modality and experience; • Involve the system around the child in treatment as appropriate, e.g. parent/carer, school, conveying therapy formulations with sensitivity in easily understood language; • Attend multi-disciplinary meetings relating to referrals or clients in treatment, where appropriate; • Complete all requirements relating to data collection within the service; • Keep coherent records of all clinical activity in line with service protocols;

	• Work closely with other members of the team ensuring appropriate step-up and step-down arrangements are in place to maintain a stepped care approach.
Training & Supervision	• Fulfilling the requirements of and completing a PG diploma at UCL/Anna Freud including practical, academic, and practice-based assessments, alongside private study; • Apply learning from the training programme in practice; • Prepare and present clinical information for all patients on their caseload to clinical and case management supervisors within the service on an agreed and scheduled basis, in order to ensure safe practice and the clinical governance obligations of the worker, supervisor and service are delivered.
Professional	• Ensure the maintenance of standards of practice according to the employer and any regulating, professional and accrediting bodies (e.g., BPS, HCPC, BABCP), and keep up to date on new recommendations/guidelines set by the department of health; • Ensure that client confidentiality is protected at all times and comply with data management systems and processes including submissions to the training provider; • Be aware of, and keep up to date with advances in the spheres of care pathway; • Ensure clear professional objectives are identified, discussed and reviewed with senior therapists on a regular basis as part of continuing professional development; • Attend clinical/managerial supervision on a regular basis as agreed with Manager; • Participate in individual performance review and respond to agreed objectives; • Keep up to date all records in relation to Continuous Professional Development and ensure personal development plan maintains up to date specialist knowledge of latest theoretical and service delivery models/developments; • Attend relevant conferences / workshops in line with identified professional objectives.
General	• To contribute to the development of best practice within the service; • To maintain up-to-date knowledge of legislation, national and local policies and procedures in relation to children's mental health and social care needs; • All employees have a duty and responsibility for their own health and safety and the health and safety of colleagues, patients and the general public; • All employees have a responsibility and a legal obligation to ensure that information processed for both patients and staff is kept accurate, confidential, secure and in line with the GDPR and Security and Confidentiality Policies;

	• It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.
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This job description is an outline of the key tasks and responsibilities of the post, and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of Noa, as well as the personal development of the post holder.